



Dear Parents/Guardians

16 May 2024

It is hard to believe that we are already in the last few weeks of the second term. The Grade 4 – 7 examinations are looming large on the horizon, and it is time to start preparing. The examinations will be based on the curriculum covered in Term 1 and 2. Detailed guidelines will be shared with our learners soon.

What you as parents can do

Studying for examinations can become overwhelming and stressful for your child and they will need your support and encouragement during this period.

- Ensure that your child always has the necessary stationery: two blue pens, a pencil, eraser, and a ruler.
- Purchase an exam pad or any blank book for your child to write his/her study notes in, as well as highlighters and/or colour pens.
- Help your child to manage their time well – 40-60 minutes of studying, followed by a 10–15-minute break, then repeat.
- Limit the number of chores they need to complete so their only focus is on studying.
- Ensure that they have a quiet place to study – keep their little brothers and sisters away from them and limit any other distractions.
- Supervise them while they study. They are only children, and they will find a way to take chances.
- Take away their cell phones for the entire duration of the examinations.
- Ask them questions about their study work to determine whether they know the work.
- Ask them how a particular subject's exam paper went and wish them good luck for the next one.
- Ensure that they go to bed at 20:00 every evening – a well-rested child performs better.
- Encourage them daily, show them some extra love and support them!

A message from teachers to our learners

We wish you all the best for the upcoming examinations! We have gathered useful tips for you to succeed – use them, and you will shine bright on exam day!

- Get enough sleep, eat nutritious meals, and stay hydrated to fuel your brain.
- Set realistic goals for each subject. What do you want to achieve? Do you want to receive 80% for English, 90% for NST?
- Create a study timetable for yourself and stick to it. Think about your goals!
- Remember the 5 Ps: **Proper Planning Prevents Poor Performance!** You need to prepare thoroughly for the examinations. If you are well-prepared, you will feel confident while you write. Focus on your goals!



- Write your study notes (summaries and mind maps) using colourful pens and highlighters, and make sure you understand the work that you are studying. Do not hesitate to ask your teachers or parents for help if you are struggling with any topic. Keep your goals in mind!
- Each study session should last 40-60 minutes, followed by a 10–15-minute break, then repeat it. After each successful study session, reward yourself with something you enjoy, like a favourite snack or activity.
- You might feel overwhelmed, frustrated, or stressed at times, but it is important that you do not give up. Keep pushing forward! Think about those goals! It will be worth it!
- Believe in yourself and your abilities. With hard work and dedication, you can achieve all your goals effectively. Every small step you take towards your goal is progress, and progress is something to be proud of!
- If you start feeling negative or if you feel like giving up, talk to your teachers or parents. We are your biggest cheerleaders, and we want you to be proud of yourself for achieving your goals.

GRADE 4 – 7 EXAMINATION TIMETABLE				
Date	Grade 4	Grade 5	Grade 6	Grade 7
2024-05-27	-	-	-	English HL
2024-05-28	-	-	-	Creative Arts
2024-06-03	English HL	Geography	English HL	-
2024-06-04	Afrikaans FAL	English HL	NST	EMS
2024-06-05	Geography	Afrikaans FAL	History	History
2024-06-06	NST	PSW + CA	Afrikaans HL	Natural Sciences
2024-06-07	Mathematics	Mathematics	PSW + CA	Life Orientation
2024-06-10	History	NST	Mathematics	Mathematics
2024-06-11	PSW + CA	History	Geography	Geography
2024-06-12	-	-	-	Technology
2024-06-13	-	-	-	Afrikaans HL

The school will start at 07:25 and will adjourn at 13:00 from 3 June 2024.

Kind regards

 JVE Viljoen
 Principal

